

PARTNER IDENTIFICATION FORM



Partner organisation

Organization ID	E10236417
PIC	886588149
Legal name of the organisation	New Wellness Education - APS
Legal name of the organisation in Latin characters (if applicable)	-----
Acronym/Organisation's short name	New Wellness Education
National ID (if applicable)	
Department (if applicable)	-----
Address	Piazza S.Oronzo 44
Country	Italy
Region	Apulia
P.O. Box	----
Post code	73100
CEDEX	----
City	Lecce
Website	http://www.newwellnesseducation.com
E-mail	newwellnesseducation@gmail.com
Telephone 1	+393295450152
Telephone 2	-----

Fax	-----
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Profile

Type of organization	Association (NGO)
Is the partner organization a public body?	NO
Is the partner organization a non-profit?	YES
Is your organisation: a public body at regional/national level; an association of regions; a European Grouping of Territorial cooperation; or a profit-making body active in Corporate Social Responsibility?	NO
Main sector of activity	OFFERING PARTICIPATION IN YOUTH-LED EVENTS AND YOUTH PARTICIPATION ACTIVITIES

Accreditation

Has the organization received any type of accreditation before submitting this application? **NO**

Accreditation type	Accreditation reference
Hosting/Supporting Organization	2020-1-IT03-ESC52-020694

Background and experience

Please briefly present the partner organisation.

New Wellness Education – APS was founded in 2020 in Lecce, Italy, a town that during the years got more and more popular and intercultural. The organization has 2 operative premises in Cuneo province, specifically in Cortemilia since 2020 and Bergolo since 2022. The NGO works in the field of education and wellbeing, holding courses for local and international youth.

Specifically the organization is providing educational opportunities for local and international youth, NEET and young migrants, asylum seekers and refugees with the support of national funding (Erasmus+, ESC, Garanzia Giovani, ANPAL, FSE).

Our vision is to provide education and wellbeing at 360°, with the aim to raise mental and physical wellbeing and in general quality of life for youth either local or foreigners, working on different topics such youth employability, sustainable practices, permaculture, cyber safety and digital education, entrepreneurial skills, raising activeness and responsible involvement into cultural, social and educational life of the communities, all of these as part of a process of increasing personal and social wellbeing.

We are sure that providing educational opportunities for youth, working on their mental and physical wellbeing, supporting them in being and responsibly involved into cultural, social and educational life of the communities is the best way to parallel start fighting big social issues such unemployment and social exclusion.

At the same time we believe that capability of young people to be very creative and spontaneous represent the key of a better future for Europe.

Following our vision, our **strategic priorities** and focuses are:

- 1 - Work Well
- 2 - Learn Well
- 3 - Digital Wellbeing

With **Focuses**:

- 1 - Individual
- 2 - Group/Community
- 3 - Social

Based on **6 pillars**:

- 1 - Learning How to Learn
- 2 - Art & Culture
- 3 - Food
- 4 - Relationship & Communication
- 5 - Body & Self Awareness
- 6 - Environment & Space

Implemented through different **methodologies**:

- 1 - Online Learning
- 2 - Trainings and Youth Exchanges
- 3 – Volunteering individual, teams and high priority areas

- 4 - Disconnection Camps
- 5 - Individual Coaching
- 6 - Conferences & Podcasts
- 7 - Events
- 8 - Others

In more detail our strategic priorities:

Work Well is about:

Organizational well-being, well-being at work.

Learn Well is about:

Wellbeing in educational processes, for youth and individuals.

Digital Wellbeing is about:

Digital Wellbeing, in the use of digital and in the digital world.

The achievement of strategic priorities is pursued by implementing the methods used and with proven validity, identifying the different focuses in relation to the methods themselves and framing the activities within the reference pillars.

Following our strategic plan, our main objectives can be summed up as following:

- provide educational opportunities to youth (especially if facing fewer opportunities)
- promoting young people's physical and mental wellbeing;
- foster youths participation in social life;
- promoting healthy lifestyle, healthy food and sustainable practices
- support youth in starting their professional careers
- develop young's people creativeness and initiative;
- create a proactive attitude toward education among young people;
- bring awareness over European and universal values in the field of education as the main foundation for a better life;
- implement the practices used within the frame of non-formal learning to as many levels as possible in order to bring efficiency in the youth interaction with the cultural, social and educational environment;
- increase recognition and quality of youth work

What are the activities and experience of the organisation in the areas relevant for this application?

Our daily activities involve youth, youth workers and adults, young with fewer opportunities consist in organizing educational opportunities at various levels and in different forms, such as training courses, international mobilities, volunteering, events etc...

In the past 2 years, since our foundation we developed and implemented several initiatives:

1 – 80 hours course named “Yes – I start UP” involving 12 youth falling in the category of NEET, the course was focused on providing this youngsters with competences about entrepreneurship and practical information on how to start their own business ideas. The course was funded by national grant “Garanzia Giovani” and will give the opportunity to these youth to access specific grants to start their businesses.

2 – 80 hours course named “ FASI” which involved 25 young migrants regularly living in Italy. This course was focused on providing elements of common living in Italy, practical skills and creativity tools with the purpose to increase the inclusion and involvement of these youth in social life in Italy with also a preferential channel to access specific credit options in order to start their business ideas.

In March 2020, we started the project “Learn Well - Free online Learning” as way to provide free learning opportunities online in the period of global pandemic, creating an open group on Facebook accessible to everyone.

We opened a free of charge office for legal and fiscal consultancy for people, local or foreigners in need.

Since the foundation in 2020 we received 4 grants under Erasmus+ program and 1 grant in under ESC program, 1 youth exchange, 2 training courses, 1 KA2 small scale and one ESC31 project.

The ESC31 project named “Learn Well – Educazione al Benessere” was closed on December 2021 after organizing workshops, events, seminars, podcasts and so on, following up what we started in 2020.

In 2022 we organized our first festival focused on sustainability, healthy food, local producers and interculturality named “Eco Festival”

We are currently implementing the ESC international volunteering project “Vitality 2022” with 2 international volunteers who created and took care of our didactic garden, promoting healthy food and sustainable practices, producing food 0km for our projects, involving young people from local school, starting a TAK research on intangible agricultural heritage.

During the years we developed strong partnership with local municipalities in the area of Cuneo, managing and coordinating educational activities in public places directly and indirectly lead by us. Lately we are building solid relationships with private foundations in the area of Cuneo.

Overall in 2021 and 2022 we involved about 400 youth in our activities and events at local and international level.

The founders of the organization involved in the daily activities of it, have long time previous international experiences also in ERASMUS+ projects.

We think that the use of non-formal education in order to make participants more connected to

each other if fundamental to teach and spread a lot of team building methods and experiential learning methods and to give more courage to the youngsters to speak in society about their problems, through making youth projects in their local communities

We consider youth mobilities just the beginning of our work but these are a strong starting point, and that is why we are eager to keep working on the implementation of them with the tight cooperation of our international partners

What are the skills and expertise of key staff/persons involved in this application?

Antonio Greco president of New Wellness Education. Social entrepreneur, Youth worker, project manager, coordinator, trainer, coach educator and supervisor. With over 8 years' experience. He founded and managed several organizations in Italy. He had a long term EVS experience in Zagreb Croatia, then moved to coordinating ERASMUS+ mobilities, creating, coordinating and implementing mobility projects for young people on several and different topics all around Europe, coordinating several groups of international volunteers for long and short term projects working for the last 8 years with several national and international NGOs and social enterprises. Being Erasmus for Young entrepreneurs Host entrepreneur since 2017. Lately became Horizon Europe young ambassador, Smart Cities Line.

Fabrizio Gallo, vicepresident of New Wellness Education. Social entrepreneur, trainer, coach, mentor, educator, coordinator. With over 8 years' experience. He had a long term EVS experience in Zagreb Croatia, in which he was in charge of coordinating ERASMUS+ youth exchanges and training courses, creating, coordinating and implementing projects for young people in Zagreb and several local events. He with several organizations in Europe, including Smokynia Foundation in Bulgaria working on designing events and educational projects. He participated and then organized several TCs, Y.E. mostly based on personal development. Member of the pool of trainers and facilitators with APICE organization and he was responsible for one year of running, coordinating and promoting an eco-museum and educational center in his home-tow – Cortemilia, working with the local Administration, where he founds a sport ngo (Attivamente ASD) where he was president for 2 years, running also a sport center, and organizing several events. Lately became Horizon Europe young ambassador, Food line and host entrepreneur for the program Erasmus for Young entrepreneurs.

Francesca Agnese member of the advisory board, consultant and facilitator of New Wellness Education. With a degree in Psychology, a master in NLP and a certificate as Mental Fitness trainer, she has been working in the field of personal development since 2017. Having participating in around 30 E+ international projects (trainings courses and youth exchanges), she developed her competence as a trainer and facilitator. She also works with groups as well as in private sessions as a coach.

Giorgia Valentina Foisor consultant and facilitator of New Wellness Education, She's been participant in many youth Exchange, and National Leader. Thanks to few of these opportunities she got more into the world of regenerative practices, veggie gardening and permaculture, implementing non formal education together with her Biology degree. In 2017 she also joined and co-coordinated a student project related to organic food gardening and obtained a Master Degree in "Food, Health and Environment" as nutritionist. She operates as yoga teacher and guides courses to spread the wellbeing power of this ancient discipline among youth and adults, and started a course in Ayurveda in order to implement this knowledge in her global wellness

background which aims to unify Science and Traditional practices for a deeper overview on holistic wellbeing.

Silvia Corna, consultant and facilitator of New Wellness Education. with a degree in Natural Resources Management and in Intercultural Mediation, she has been working and volunteering in international environmental NGOs and agroecological farms as environmental educator and permaculture designer. She acquired non-formal education methods by taking part into several Erasmus+ experiences, which she applies in her projects of environmental sensibilization.

Adelina Popova, projects and volunteers coordinator of New Wellness Education. Working in Erasmus+ field since 2020. Started a path of youth worker as a coordinator for KA1 projects in formal education and project manager for Jean Monnet. Joined New Wellness Education - APS in 2022 as coordinator for volunteering and youth mobility projects, currently covering the same role. Experienced in organizing educational events for youth and students.

Damiano Angelini, board member and counselor of New Wellness Education. With a degree in languages and Culture for Tourism and wide experience in hospitality sector. He switched focus later on with a master in Socio-environmental sustainability of agri-food networks, writing a thesis on the role and impact of non profit organizations in the territorial planning and shaping, following his long lasting passion for food, nature and sport. In 2023 he worked as ESC volunteers coordinator with our local parnter Parco Culturale Alta Langa, following 3 volunteers for a short term range and taking the organization as reference for his thesis, following his previous experience as participant and group leader in several international mobility projects.

Legal representative

Title	Mr.
Gender	M
First name	Antonio
Family name	Greco
Department	-----
Position	President
E-mail	antonio@newellnesseducation.com

Telephone 1	+393295450152
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If the address is different from the one of the organisation, please tick this box

The address is the same

Contact person

Title	Mr.
Gender	M
First name	Fabrizio
Family name	Gallo
Department	-----
Position	Vice - President
E-mail	newellnesseducation@gmail.com
Telephone 1	+393409566290